

# Bethesda

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MAGAZINE

## IT'S SATURDAY NIGHT!

10 scenes from a night around town  
15 great things to do

**15** The personal chef has cooked you a gourmet meal. The dance instructor has taught you to jump, jive and wail. You're bloated, tired and your feet hurt. So what's next? How about **in-home spa treatments**? Relax & Rejuvenate of Washington offers a wide variety of spa services for parties or for couples who want to spend a romantic evening. Services include rice and sake massage and brown sugar massage. "We do a lot of couples massages," says Suzanne Owen, the firm's founder and owner. "We send two therapists who bring their own tables and music—along with towels and robes." Owen says one man recently arranged a massage for his wife in their home, and then he cooked her dinner while it was being done. Nice guy.

**Relax & Rejuvenate**, 202-237-0242  
[www.relaxandrejuvenate.com](http://www.relaxandrejuvenate.com)



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